

August 16 - 19, 2022

August 23 - 26, 2022

August 30 - September 2, 2022

September 6 - 9, 2022

August 16 - September 9, 2022

August 16, 2022	August 17, 2022	August 18, 2022	August 19, 2022
Breakfast Pizza	Biscuit & Gravy	Dutch Waffle	Cereal Variety & Toast
BBC Pulled Pork Nachos	Ham & Cheese Croissant	Spaghetti w/Meat Sauce	Oven Baked Chicken
Baked Beans	Sandwich Salad Cup	Tossed Salad w/Dressing	Mashed Potatoes w/Gravy
Creamy Cole Slaw	French Fries	Seasoned Green Beans	Seasoned Corn
Orange Smiles	Fruit Cocktail	Sliced Peaches	Sliced Peas
Tortilla Chips w/Salsa	Marshmallow Rice Square	Garlic Breadstick	WW Roll
Assorted Fresh Fruit	Ketchup, Mayo & Mustard	Assorted Fresh Fruit	Assorted Fruit Juice
Assorted Fresh Fruit	Assorted Fresh Fruit	Assorted Fresh Fruit	Assorted Fresh Fruit
Apple Wedges & Strawberry Yogurt	Cheddar Goldfish & Orange Smiles	Cheex Mix & Mozzarella Cheese Stick	Blueberry Muffin & Milk
August 23, 2022	August 24, 2022	August 25, 2022	August 26, 2022
Parcake & Sausage Sandwich	Biscuit & Gravy	Blueberry Muffin & Yogurt	Tornado Variety
Chicken Alfredo w/Twist	Baked Ham	Beef Burrito	Frito Chill Pie
Garlic Broccoli	Mashed Potatoes w/Gravy	Salsa Cup	Seasoned Corn
Cooked Baby Carrots	Blackeye Peas	Seasoned Pinto Beans	Tossed Salad w/Dressing
Pineapple Tidbits	Macaroni & Cheese	Cherry Tomatoes	Strawberry & Banana Cup
Garlic Breadstick (6 - 12)	Spiced Apples	Sliced Peaches	Cinnamon Roll
Assorted Fresh Fruit	Assorted Fresh Fruit	Assorted Fresh Fruit	Assorted Fruit Juice
Assorted Fresh Fruit	Assorted Fresh Fruit	Assorted Fresh Fruit	Assorted Fruit Juice
Heartzeis & Applesauce Cup	Strawberry Cheex Mix & Fruit Juice	Cheez-It Crackers & Fresh Fruit	Cottage Cheese & Sliced Peaches
August 30, 2022	August 31, 2022	September 1, 2022	September 2, 2022
French Toast Sticks w/Syrup	Biscuit & Gravy	Waffle & Chicken Sandwich	Croissant, Egg, & Sausage Sandwich
Chicken Fried Steak	Corn Dog	Stuffed Crust Pizza	Beef Taco w/Lettuce & Tomatoes
Mashed Potatoes w/Gravy	Baked Beans	Tossed Salad w/Dressing	Spanish Rice
Seasoned Green Beans	Creamy Cole Slaw	California Blend Veggies	Seasoned Pinto Beans
Sliced Peas	Applesauce	Sliced Peaches	Salsa Cup
WW Roll	Ketchup & Mustard	Assorted Fresh Fruit	Orange Smiles
Assorted Fresh Fruit	Assorted Fresh Fruit	Assorted Fresh Fruit	Assorted Fruit Juice
Assorted Fresh Fruit	Assorted Fresh Fruit	Assorted Fresh Fruit	Assorted Fruit Juice
Frozen Fruit Bar & Giant Goldfish	Heartzeis & Hummus Cup	Garlic Breadstick & Marinara Sauce	Yogurt & Cheex Mix
September 6, 2022	September 7, 2022	September 8, 2022	September 9, 2022
Oatmeal & Donut Variety	Oatmeal Muffin Square & Yogurt	Bagel Variety & Cream Cheese	Oatmeal Muffin Square & Yogurt
Chicken Sandwich	Pork Loin Roast	Popcorn Chicken	Hamburger on Bun
Sandwich Salad Cup	Seasoned Green Beans	Seasoned Corn	Sandwich Salad Cup
Sweet Potato Fries	Mashed Potatoes w/Gravy	Tossed Salad w/Dressing	Carroteenies w/Ranch
Apple Slices	WW Roll	Strawberries	Celery Sticks (9 - 12)
Ketchup, Mayo & Mustard	Pineapple Tidbits	WW Roll	Apple Wedges
Assorted Fresh Fruit	Assorted Fresh Fruit	Ketchup & BBQ Sauce	Ketchup, Mayo & Mustard
Assorted Fresh Fruit	Assorted Fresh Fruit	Assorted Fresh Fruit	Assorted Fruit Juice
Bosco Stick & Marinara Sauce	Boiled Egg & Toast	Apple Wedges & Strawberry Yogurt	Cheddar Goldfish & Orange Smiles

OMSD is an equal opportunity provider



Meal Prices:
All meals are served to our students at no charge

Menus are subject to change
Fruit Bowl is offered at breakfast and lunch each day with a choice of:
Apple
Banana
Orange

BREAKFAST
3 components offered each day

Grains
Fruit
Milk

LUNCH
Students may decline 1 food item offered if 4 or more items are offered

Students must take at least 1/2 cup serving of fruit or vegetable each day at breakfast and lunch

Milk and juice are provided at breakfast
Milk is provided at lunch